

THE EVIDENCE



RIGOROUS

40+ PEER-REVIEWED PUBLISHED ARTICLES

13+ RANDOMIZED CONTROL TRIALS BY INDEPENDENT RESEARCHERS

INDEPENDENTLY REVIEWED

HOMVEE



POSITIVE FINDINGS IN ALL EIGHT DOMAINS EXAMINED BY THE HHS HOME VISITING EVIDENCE OF EFFECTIVENESS (HOMVEE) REVIEW. HFA IS ONE OF ONLY 3 TO ACHIEVE THIS OUT OF 26 EVIDENCE BASED MODELS.*

TITLE IV-E



HIGHEST RATING POSSIBLE FROM TITLE IV-E PREVENTION SERVICES CLEARINGHOUSE. HFA IS ONE OF ONLY 19 RATED AS WELL SUPPORTED OUT OF 177 REVIEWED.*

CEBC



HIGHEST RATING POSSIBLE FROM CEBC (CALIFORNIA EVIDENCE-BASED CLEARINGHOUSE) IN CATEGORY, "HOME VISITING PROGRAMS FOR CHILD WELL-BEING". HFA IS ONE OF ONLY 3 TO ACHIEVE THIS RATING OUT OF 16 REVIEWED.*

*UPDATED JUNE 2024

OUTCOMES PROVE: HFA WORKS



THE EVIDENCE SHOWS HFA FAMILIES:



BUILD NURTURING RELATIONSHIPS WITH THEIR CHILDREN

HFA PARENTS CREATE POSITIVE EXPERIENCES FOR THEIR CHILDREN AND NAVIGATE CHALLENGING PARENTING MOMENTS

- Promote healthy child development
- Interact more positively with their children
- Express confidence as parents, with lowered parenting stress

"I have learned through Healthy Families that you don't need to use physical punishment or call your kids names to get them to listen to you. I've learned different ways to be calm and the importance of getting on their level to understand their emotions and to let her know I get it. I've learned that she isn't screaming because she is trying to make me mad she is screaming because she is having a hard time. I can show her that I understand and then she knows she can trust me because I am calm with her."

CHAMPION THEIR CHILDREN'S HEALTH AND DEVELOPMENT

OFF TO A GOOD START

- Better birth outcomes
- More likely to be breastfed

48% fewer infants are born at low birthweight

RECEIVING HEALTH CARE SERVICES

- More likely to have health insurance
- Receive more well-child visits and developmental screenings



READY FOR AND SUCCEED IN SCHOOL

- Show enhanced cognitive development
- More excel academically and receive gifted services

26%

fewer children receive special education services

CULTIVATE A FLOURISHING FUTURE FOR THEIR FAMILY

HFA FAMILIES ARE CONNECTED TO COMMUNITY SERVICES AND ECONOMIC SUPPORTS

HFA PARENTS ARE ENHANCING THEIR PERSONAL AND FAMILY WELL-BEING

5x more likely to enroll and participate in school and training programs

27% fewer families were homeless

"I was living at a homeless shelter. Now I'm starting to have more contact with my family; I've got a full time job. They [HFA] don't do the work for me but they encourage me and show me that I can do it."

IMPROVED MENTAL HEALTH for parents

BETTER ABLE TO COPE WITH STRESS with less need to use alcohol or drugs as coping mechanisms, and less intimate partner violence.

SAFE AND HIGH QUALITY HOME ENVIRONMENTS for their children